

ZUMBA[®]
FITNESS

Fundsport
Fitness



Dance your way to a *fitter* you
Exciting and unique *Latin moves* and rhythms
ZUMBA, the class that is taking the world by storm
Ditch the workout, join the *Party*

Are You Interested in Taking Part?

We are hoping to deliver Zumba sessions on a Tuesday night @ Eastwood Comprehensive School from 7pm til 8pm. Before we can, we need to find out if there is enough interest in Eastwood – to confirm your interest please phone Sarah Taylor on 01773 786212 (ext 123) or email 'taylors@eastwood-comp.notts.sch.uk'!!

www.eastwood-es.co.uk